



Want to help your community stay healthy and well?



Become a Community Health Champion

🏠 wellnewham.org.uk/advice/community-health-champions

✉️ CommunityHealthChampions@newham.gov.uk



What will a Community Health Champion do?

- Receive the latest information about how to stay healthy and where to get help for health needs in Newham.
- Support friends, family and the wider community to remain informed and up to date on the latest health information.
- Help reduce health inequalities by engaging with identified priority groups living in Newham which include people with disabilities, older people, younger people and Black, Asian and minority ethnic communities to help people make informed decisions around keeping safe and staying healthy.
- Feedback any local issues or concerns relating to health and care in Newham.

What support will I get?



Training and support



Access to health care resources including posters and videos in a variety of formats



Flexible volunteering commitment to choose how much you would like to get involved



A peer support network providing an opportunity to connect with



Be a part of a great community

How do I sign up?

You can register by simply filling out the registration form at <https://forms.office.com/e/AmF37Aypf8>

If you have any questions, please email:
CommunityHealthChampions@newham.gov.uk