

Become a Community Health Champion

Share information about staying healthy and well



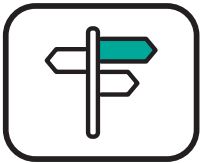
Do you want to help your community?

Anyone living or working in Newham can get involved



Become a Community Health Champion

Join our network of local people to help the wider community be healthy and well



Get regular information about health and health services

Receive information about staying healthy and well and support and services that can help. Join specific groups including Cost of Living, Emotional Wellbeing and others



Spread the word

Share this information with your family, friends, work colleagues and the wider community



Help shape health and wellbeing services in Newham

Influence the policy and practice locally by sharing back to us what you heard from your family, friends, work colleagues and wider community about health and wellbeing services in Newham