



Department
of Health &
Social Care



BE CONNECTED PROGRAMME LAUNCH.



Feeling lonely can happen to us all but we believe small moments of connection can make a big difference.

Come along to our launch event

You will be able to discover more about:

- Chatty Benches, Chatty Cafés and Men In Sheds
- Volunteering opportunities
- How to stay active and connected

For the full programme and to find out more about how the Community Neighbourhood Link Workers are tackling loneliness in the borough visit

www.newham.gov.uk/loneliness

Wednesday 6 September 2023

11am-2pm

The Resource Centre,
200 Chargeable Lane, E13 8DW

For more information please call **John Celso**
on **0203 373 1076** or email

LonelinessAction@newham.gov.uk

WE ARE NEWHAM.